

Curriculum Vita

Annette Marie Vaillancourt

ANNETTE VAILLANCOURT, PH.D.

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(618) 529-5886 (Home)

EDUCATION

Ph.D.	Southern Illinois University, Carbondale, IL	1990	Counseling Psychology
M.A.	Ball State University, Muncie, IN	1984	Counseling Psychology
B.S.	Central Michigan University, Mt. Pleasant, MI	1981	Psychology/English
A.A.	Delta Community College, University City, Michigan	1975	English

PROFESSIONAL LICENSES

Licensed Clinical Professional Counselor since 1996 (Illinois License # 180-000299)
Licensed Professional Counselor since 1999 (Missouri License # COU 002761- inactive as of 2005)

EPPS SCORE

10/12/1990 Raw Score 150, (mean = 144.01, SD=17.72) Percent Score 75.00 Candidate ID # 29009

RELEVANT PROFESSIONAL EXPERIENCE

2008 **EnterTraining Seminars, Owner**
St. Louis, MO

Providing training and "playshops" on communication skills, stress management, motivational speeches and Internet Marketing for Small Businesses to the business community.

1990 - present **Psychotherapist and Small Business Coach, Private Practice**
Carbondale, IL

Provided private counseling for individuals and gay/straight couples on a wide variety of mental health and developmental issues. Developed and implemented a 6-week "Stress Busters" psychoeducational group. Provide assessments (MMPI-2) to patients referred by their physician. Specializing in women's issues, stress management, and survivors of physical/emotional/sexual abuse and assault.

Spring 2004 **Lecturer, Southern Illinois University – Department of Psychology**
Carbondale, IL

Taught senior level Helping Skills for Clinical and Counseling Psychology course to 50 students.

1993 -1996 **Wellness Coordinator, Student Health Programs-Wellness Center**
Southern Illinois University, Carbondale, IL

Coordinated campus-wide activities focused on stress management and wellness. Provided individual counseling to university students and over 80 presentations to campus groups, classes, and organizations on stress related topics. Supervised graduate and undergraduate interns. Taught undergraduate Health Education course. Received training as AIDS counselor. Organized two annual "De-Stress Fests."

6/1990 -10/1990 **Psychotherapist, Charter Counseling Center & Hospital**
Murray and Paducah, KY

Provided individual, family, and couples counseling, assessment, and referrals for a wide variety of mental health issues. Provided psychological testing (MMPI) and assessment for an inpatient psychiatric and substance abuse hospital.

1989 -1990 **Lecturer, Department of Psychology**
Southern Illinois University, Carbondale, IL

Taught undergraduate and graduate level psychology courses, including two graduate practica and Theories of Personality. Supervised graduate students' clinical practica. Initiated research program following up on dissertation.

1988 -1989

Psychological Intern, Counseling and Mental Health Center

The University of Texas at Austin , Austin, TX

Provided individual psychotherapy, group counseling (ACOA and general psychotherapy), and outreach programming for university students of a mixed ethnic background. Provided mental health consultation to university housing. Provided clinical supervision to graduate students in counseling psychology program.

ASSOCIATED PROFESSIONAL EXPERIENCE

Fall 1988-Sum 1988

Coordinator, Re-Entry Women's Programs

Southern Illinois University, Women's Services
Carbondale, IL

Provided short-term counseling and outreach programming to women re-entering school after an extended absence. Taught SOC 101, Orientation to the University. Provided Assertiveness Training group to university and community women. Assisted in planning for local Take Back The Night March - a nationwide protest against violence and sexual assault towards women.

Spring 1986-Sum 1987

Graduate Assistant, Sexual Abuse Treatment Program

Southern Illinois University, Counseling Center & DCFS
Carbondale, IL

Provided counseling to sexual abuse survivors. Provided case consultation and training to clinicians affiliated with Department of Child and Family Services, Sexual Abuse Treatment Program.

Fall 1985

Lecturer, Department of Psychology

Southern Illinois University
Carbondale, IL

Part-time instructor in psychology. Course taught: PSYC 333 - Psychology of Women.

Summer 1985

Research Assistant, Counseling Center

Southern Illinois University
Carbondale, IL

Completed a literature review for Dr. Steve Geiger's research.

Fall 1984 - Spring 1985

Graduate Teaching Assistant, Dept. of Psychology

Southern Illinois University
Carbondale, IL

Psychology 101 Lab instructor: Provided lecture review, test preparation, and facilitated lab exercises.

Fall 1983 - Spring 1984

Research Assistant, Department of Counseling Psychology

Ball State University
Muncie, IN

Assisted in review of literature, data collection, and supervision of undergraduate research assistants for two faculty members, Dr. Lawrence Gerstein and Dr. Don Nicholas.

Fall 1981

Teaching Assistant, Department of Psychology

Central Michigan University
Mt. Pleasant, MI

Assisted Dr. John Monahan in teaching and research activities. Graded student papers and assisted in data collection for ongoing research project.

OTHER EDUCATIONAL EXPERIENCE

Sum 1983 - Fall 1983

Practica, Counseling Clinic

Department of Counseling Psychology
Ball State University
Muncie, IN

Provided individual counseling to adults and children at a free departmental clinic and to adolescent females at a local YWCA day program. Supervisors: Dr. Don Nicholas, Dr. William Hays

Spring 1984 **Group Practicum, Counseling Clinic**
Department of Counseling Psychology
Ball State University
Muncie, IN
Provided a short-term psychoeducational group to community members.

Fall 1984 **Practicum, Career Development Center**
Southern Illinois University
Carbondale, IL
Provided career counseling and assessments to university students. Tests administered: Self-Directed Search, Strong-Campbell Interest Inventory, several self-report checklists.

Spring 1985 - Fall 1987 **Practica, Counseling Center**
Southern Illinois University
Carbondale, IL
Provided individual and group counseling (Adult Children of Alcoholics) to university students.

CONTINUING EDUCATION

February 1992 Couples Communication: Instructor's Certification
Presenter: Sherod Miller, Ph.D.
St. Louis, MO

February 1994 Interactive Guided Imagery
Presenters: Alan Bressler, Ph.D. and Martin Rossman, MD
Orlando, FL

July 15-17 1994 The Sacred Source: Life, Death & The Survival of Consciousness
Institute of Noetic Science Conference
Chicago, IL

March 1995 Mindfulness-Based Stress Reduction
Presenters: Jon Kabat-Zinn, Ph.D. and Saki Satorelli, Ed.D.
Mt. Madonna Center, CA

October 28 – 29, 1999 Creating Connection -Emotionally Focused Marital Therapy
(11 CEU hours) Presenter: Susan Johnson, Ed.D
St. John's Mercy Center
St. Louis, MO

April 1, 2000 Psychobiology of Mental Control
(6 CEU hours) Presenter: Nicholas Hall, Ph.D.
Carbondale, IL

March 24-25, 2000 The Fundamentals of Spiritual Alchemy
(9 CEU hours) Presenter: Carolyn Myss, MD
St. Louis, MO

April 28-30, 2000 La Cureandera: Healing in Two Worlds
(6 CEU hours) Presenter: Clarissa Pinkola Estes, Ph.D.
New Harmony, IN

September 24, 2000 Introduction to Coaching
(4 CEU hours) Presenter: Ben Dean, Ph.D.
Chicago, IL.

April 4, 2001 Mentor Coach Program – a 6 month virtual training group
(14 CEU hours) Presenter: Ben Dean, Ph.D.

July 27-29, 2001 (15.0 CE hours)	Omega Conference on Spirituality Denver, CO
May 9-10, 2002 (11 CEU hours)	Couples Therapy: Keeping the Soul Alive Presenter: Bill O'Hallon St. John's Mercy Center, St. Louis, MO
May 2002 (15 CE hours)	Omega Conference on Spirituality Austin, TX
June 2002 (9 CE hours)	Mentor Coach Small Business Coaching Presenter: Anne Durand
Nov 17, 2002 (2 CEU hours)	Brief Couples Counseling Presenter: Mark E. Young
Sept 2003 (17 CEU hours)	EMDR I Presenter: William Zangwill, Ph.D. EMDR Institute Chicago, IL
Nov 2003 (17 CEU hours)	EMDR II Presenter: William Zangwill, Ph.D. EMDR Institute Chicago, IL
Feb 2006	EFT and Self-Acceptance Presenters: Steve Wells, Ph.D. and David Lake, M.D. Albuquerque, NM
Feb 2006	The Power of Connection Presenters: David Lake, MD, Kerry & Kristelle Sim Albuquerque, NM
March 2006 (6 CEU hours)	Psychology and Spirituality: How to Help Your Client and Heal the Human Psyche St. Louis, MO
March 2006 (12 CEU hours)	Clinical Supervision Workshop I & II Presenter: Dr. Lori Russell-Chapin Carterville, IL
June 2006 (6 CEU hours)	Assessing Boundaries and Building the Supervisory Relationship Carbondale, IL
Aug 2006	The Art of Delivery – EFT Master Boot Camp Presenter: Gary Craig Denver, Co
Sept 2006 (6 CEU hours)	How Can I Forgive You? A Radical Approach to Healing Intimate Wounds St. Louis, MO
April 2007 (15 CEU hours)	Enhancement of Peak Performance Sponsor: Harvard Medical School Esalen Institute, Big Sur, CA

June 2008
(6 CEU hours) Cognitive-Behavioral Therapy
Presenter: Dr. Aldo Pucci
St. Louis, MO

CONSULTATION EXPERIENCE

1997 **Organizational Consultant, FAYCO, Inc.**
Centralia, IL

Developed, administered, scored and reported on organizational assessment for non-profit agency providing services to the developmentally disabled.

1996 **Organizational Consultant, Career Development Center**
Southern Illinois University
Carbondale, IL

Consulted with staff regarding communication difficulties and conflict resolution within the agency. Conducted interviews and paper and pencil assessment.

PROFESSIONAL AFFILIATIONS

1984-1989 American Psychological Association, Student Affiliate
1990-1992 American Counseling Association, Professional Member
1999 Association for Transpersonal Psychology, Member
2003 American Psychological Association, Member
2003 American Psychological Association, Division 13 Member

HONORS

1970 National Honors Society, Member
1983 Phi Kappa Phi, Member
2005 National Business Women's Week Certificate of Recognition

PROFESSIONAL PRESENTATIONS

Gerstein, L., Lev, J., & Vaillancourt, A. (1986, May). Coping responses of two groups of lonely individuals. Paper presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Vaillancourt, A., & Gerstein, L. (1986, May). A validity study of two loneliness measures. Paper presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

COMMUNITY INVOLVEMENT

1992 - 1995 Board of Directors, Membership Chair
Midland Hills Country Club
Makanda, IL

1994 - 1999 Associates Dedicated to Life in Balance, Board Member
Carbondale, IL

1999 - 2002 Shawnee Dharma group, Member
Carbondale, IL

1999 - 2000 Carbondale Labyrinth 2000 Planning Committee
Carbondale, IL

2000 - 2002 Southern Illinois Women's Business Council
Newsletter Editor, Website Designer
Carbondale, IL

2002 - 2007 John A. Logan Community Orchestra, Violin
Carterville, IL

2002 - present	Unitarian Folk Orchestra, Violin Carbondale, IL
January 19, 2003	Rock Hill Missionary Baptist Choir - member Performed for Martin Luther King, Jr.'s birthday celebration
2003 - 2006	Little Egypt Networking Association, Board of Directors and Public Relations Chair Carbondale, IL
2005 – 2006	Murphysboro Chamber of Commerce, Economic Development Committee Murphysboro, IL
2004 – present	Heartland Women's Newspaper Columnist

SPEAKING ENGAGEMENTS

Vaillancourt, A. (1990). "Dealing with Depression." A workshop presented to the public and sponsored by Charter Counseling Center. Murray, KY. September 1990.

Vaillancourt, A. (1994). "Introduction to Wellness." A workshop presented to Southern Illinois University students. Carbondale, IL., February 4, 1994.

Vaillancourt, A. (1994). "Introduction to Mindfulness Meditation." A workshop presented for the PSI Symposium. Carbondale, IL., July 1994.

Vaillancourt, A. (July, 10, 1996). "Stress Busters." A workshop presented for the Good Samaritan House staff.

Vaillancourt, A. (July 22, 1996). "Stress Busters." A workshop presented for the Carbondale Kiwanis Club.

Vaillancourt, A. (July 24, 1996). "Stress Busters." A workshop presented at the Marion Veteran's Administration Hospital.

Vaillancourt, A. (August 12, 1996). "Stress Busters." A workshop presented at Cherry Hill Realty.

Vaillancourt, A. (August 13, 1996). "Stress Busters." A workshop presented for the Marion Hospice.

Vaillancourt, A. (August 14, 1996). "Stress Busters." A workshop presented at Marion Memorial Hospital.

Vaillancourt, A. (August 21, 1996). "Stress Busters." A workshop presented for Archway.

Vaillancourt, A. (September 10, 1996). "Stress Busters." A workshop presented at Southern Illinois University HED 312 class.

Vaillancourt, A. (September 21, 1996). Stress assessments for the Southern Illinois Women's Health Conference.

Vaillancourt, A. (September 27, 1996). "Stress Busters." A workshop presented for Bi-County Health Department staff.

Vaillancourt, A. (September 30, 1996). "Stress Busters." A workshop presented for St. Joseph Memorial Hospital Staff.

Vaillancourt, A. (September 30, 1996). "Stress Busters." A workshop presented for Southern Illinois Hospital's corporate staff.

Vaillancourt, A. (October 3, 1996). "Stress Busters." A workshop presented for St. Joseph Memorial Hospital staff.

Vaillancourt, A. (October 4, 1996, 8am). "Stress Busters." A workshop presented for Herrin Hospital staff.

Vaillancourt, A. (October 4, 1996). "Stress Busters." A workshop presented for St. Joseph Memorial Hospital staff.

Vaillancourt, A. (October 4, 1996, 2pm). "Stress Busters." A workshop presented for Herrin Hospital staff.

Vaillancourt, A. (October 21, 1996). "Stress Busters." A workshop presented for Beta Sigma Phi sorority.

Vaillancourt, A. (November 23, 1996). Stress Assessments done for Teen Health Conference held at John A. Logan College.

Vaillancourt, A. (November 25, 1996). "Stress Busters." A workshop presented for Southern Illinois University Civil Service Connections.

Vaillancourt, A. (December 4, 1996). "Stress Busters." A workshop presented to Marion Pepsi employees.

Vaillancourt, A. (January 9, 1997). "Stress Busters." A workshop presented for the Department of Mental Health and Developmental Disabilities in Marion, IL.

Vaillancourt, A. (January 17, 1997). "Stress Busters." A workshop presented for Egyptian HeadStart staff.

Vaillancourt, A. (1997). "Stress Busters on the Job." A workshop presented for Pepsi employees. Marion, IL., January 22, 1997.

Vaillancourt, A. (1997). "Guided Imagery and Humor in the Workplace." A workshop presented for Rend Lake College faculty. Ina, IL., February 18, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented for Egyptian/Perry County Head Start teachers. DuQuoin, IL., February 21, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented for present the Marion Jr. High School Wellness Fair. Marion, IL., February 21, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented for the Illinois Association of School Administrators, Marion, IL., April 1, 1997.

Sundberg, J. & Vaillancourt, A. (1997). "Eating Disorders: Help is Available." WSIU-TV program "Help is Available," Carbondale, IL., April 4, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented at Our Lady of Mt. Carmel Church, Herrin, IL., April 5, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented at the Illinois DMHDD Special Education Conference, Springfield, IL., April 8, 1997

Vaillancourt, A. (1997). "Conflict Resolution." A workshop presented for the Illinois Department of Mental Health and Developmental Disabilities Special Education Conference, Springfield, IL., April 9, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented for Americorp Volunteers at John A. Logan College, Carterville, IL., April 12, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented for Memorial Hospital of Carbondale staff, Carbondale, IL., May 9, 1997.

Vaillancourt, A. (1997). "Stress Busters." presented at Goreville High School, Goreville, IL., May 16, 1997.

Vaillancourt, A. (1997). "Surfing the Waves of Change." A workshop presented for staff at St. Joseph Memorial Hospital, Murphysboro, IL., May 19, 20, 22, June 12, 19, 27, July 17, 24, 31, August 14, 21, 28, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented for HED 400 class at Southern Illinois University, Carbondale, IL., May 20, 1997.

Vaillancourt, A. (1997). "Surfing the Waves of Change." A workshop presented for the staff of Herrin Hospital, Herrin, IL., May 27, June 10, 17, 24, July 8, 22, 29, August 5, 12, 1997.

Vaillancourt, A. (1997). "Surfing the Waves of Change." A workshop presented for the staff of Memorial Hospital of Carbondale, Carbondale, IL., May 28, June 4, 11, 18, 25, July 2, 9, 16, 23, 30, August 6, 13, 1997.

Vaillancourt, A. (1997). "Communication in Relationships." A workshop presented for Human Sexuality class at Southern Illinois University, Carbondale, IL., June 12, 1997.

Vaillancourt, A. (1997). "The Quest for Conscious Relationships." A workshop presented for Unique Singles, Carbondale, IL., June 22, 1997.

Vaillancourt, A. (1997). "Surfing the Waves of Change." A workshop presented for the staff of Ferrell Hospital, Benton, IL., June 27, 1997.

Vaillancourt, A. (1997). "Conflict Resolution." A workshop presented for Americorp volunteer, John A. Logan College, Carterville, IL., September 13, 1997.

Vaillancourt, A. (1997). "Stress Assessments." Assessments presented at the Southern Illinois Women's Health Conference, John A. Logan College, Carterville, IL., September 20, 1997.

Vaillancourt, A. (1997). "Conflict Resolution." A workshop presented at the Illinois Association of Rehabilitation conference, Springfield, IL., September 25, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented for TIP Home Healthcare, Carterville, IL., October 2, 9, 14, 22, 30, 1997.

Vaillancourt, A. (1997). "Surfing the Waves of Change." A workshop presented for Marion Memorial Hospital staff, Marion, IL., October 3, 9, 10, 16, 17, 31, November 4, 1997.

Vaillancourt, A. (1997). "Stress Busters." A workshop presented for Anna Bixby Women's Shelter, Harrisburg, IL., October 21, 1997.

Vaillancourt, A. (1997). "Managing Stress in the Role of Spiritual Caregiver." A workshop presented for hospital chaplains at Southern Illinois Healthcare, Carbondale, IL., November 12, 1997.

Vaillancourt, A. (1997). "Managing Holiday Stress." A workshop presented for the Marion Business and Professional Women's group, Marion, IL., December 16, 1997.

Vaillancourt, A. (1999). "Stress Busters." A workshop presented for Southern Illinois Healthcare. Carbondale, IL., March 4, 1999.

Vaillancourt, A. (1999). "Stress Busters." A workshop presented for Southern Illinois Healthcare. Carbondale, IL., March 10, 1999.

Vaillancourt, A. (1999). "Stress Busters." A workshop presented for Century 21 House or Realty. Marion, IL., April 12, 1999.

Vaillancourt, A. (1999). "Stress Busters." A workshop presented for Southern Illinois Healthcare. Carbondale, IL., April 22, 1999.

Vaillancourt, A. (1999). "Stress Busters." A workshop presented for Southern Illinois Healthcare. Carbondale, IL., May 19, 1999.

Vaillancourt, A. (2000). "Stress Busters." A workshop presented for Alzheimer's Association staff. Carterville, IL., February 1, 2000.

Vaillancourt, A. (2000). "Stress Busters." A workshop presented for Southern Illinois Healthcare. Carbondale, IL., December 6, 2000.

Vaillancourt, A. (2001). "Stress Management for ER Physicians." A workshop presented for Legates Emergency Services. Carbondale, IL., January 25, 26, 2001.

Vaillancourt, A. (2001). "Success-Ability: Making Your Dreams a Reality." A workshop presented for St. Louis Women's Yellow Pages Networking Breakfast. St. Louis, MO., February 2001.

Vaillancourt, A. (2001). "Success-Ability: Making Your Dreams a Reality." A workshop presented for Southern Illinois Healthcare. Carbondale, IL., March 19, 2001.

Vaillancourt, A. (2001). "Success-Ability: Making Your Dreams a Reality." A workshop presented for GE Assurance. St. Louis, MO., April, 2001.

Vaillancourt, A. (2001). "Success-Ability: Making Your Dreams a Reality." A workshop presented for Missouri Governor's Economic Summit for Women. Columbia, MO., April, 2001.

Vaillancourt, A. (2001). "Success-Ability: Making Your Dreams a Reality." A workshop presented for Southern Illinois University Civil Service Connections. Carbondale, IL., May, 2001.

Vaillancourt, A. (2001). "Success-Ability: Making Your Dreams a Reality." A workshop presented for Carbondale Business and Professional Women. Carbondale, IL., July, 2001.

Vaillancourt, A. (2002). "Writing Your Own Fairytales." A workshop presented for Associates Dedicated to Life in Balance, Carbondale, IL., Feb 6, 2002.

Vaillancourt, A. (2002). "Spirituality and Temperament: An Exploration of the MBTI and Spiritual Type." A workshop presented for Associates Dedicated to Life in Balance, Carbondale, IL., Feb 20, 2002.

Vaillancourt, A. (2002). "Writing Your Own Fairytales." A workshop presented for the Universal Spirituality group, Carbondale, IL., April 8, 2002.

Vaillancourt, A. (2002). "Introduction to the Labyrinth: How to Walk Away from Stress." A workshop presented for Health Education class at Southern Illinois University. Carbondale, IL., May 24, 2002.

Vaillancourt, A. (2002). "Spiritual Wellness." A workshop presented for Associates Dedicated to Life in Balance. Carbondale, IL., November 2002.

Vaillancourt, A. (2002). "Introduction to the Labyrinth: Take a Walk on the Mild Side." A workshop presented for the Southern Illinois Women's Health Conference, John A. Logan College, Carterville, IL., September 21, 2002.

Vaillancourt, A. (2002). "Stress Busters." A workshop presented for the Egyptian Area Board of Realtors, Mt. Vernon, IL., September 24, 2002.

Vaillancourt, A., Strock, B., and Carter, E. (2002). "Financial Strategies for Women in Business." A panel discussion for women in business presented at Dunn-Richmond Economic Development Center, Carbondale, IL., November 1, 2002.

Vaillancourt, A. (2002). "Walking Meditation." A workshop presented for Associates Dedicated to Life in Balance, Carbondale, IL., November 6, 2002.

- Vaillancourt, A. (2002). "Group Facilitation." A workshop presented for Southern Illinois University Graduate Student Spirituality group, Carbondale, IL., December 4, 2002.
- Vaillancourt, A. (2003). "The Power of Brainstorming." A workshop presented for the Carbondale Chamber of Commerce members, Carbondale, IL., March 6, 2003.
- Vaillancourt, A. (2003). "When in Doubt, Listen! Developing Effective Listening Skills." A workshop presented for the Carbondale Chamber of Commerce members, Carbondale, IL., March 6, 2003.
- Vaillancourt, A. (2003). "What's Your Problem? Conflict Resolution in the Workplace." A workshop presented for the Carbondale Chamber of Commerce members, Carbondale, IL., March 6, 2003.
- Vaillancourt, A. and Clark, C. (2004). "Private Practice: Panel for the Pre-Doctoral Interns." A panel discussion for pre-doctoral interns at the Counseling Center at Southern Illinois University, Carbondale, IL. June 8, 2004
- Vaillancourt, A. (2004). "If You Build It, Will They Come?" A presentation for the MentorCoach community on website design and internet marketing. August 14, 2004.
- Green, P., Watts, G. Dwyer, W. and Vaillancourt, A. (2004). "Executive Coaching." A Panel Discussion for the Applied Psychology Conference, Dunn-Richmond Center, Carbondale, IL. October 9, 2004.
- Vaillancourt, A. (2006). "Introduction to EFT." Psi Symposium, Carbondale Unitarian Fellowship, Carbondale, IL. July 2006.
- Vaillancourt, A. (2006). "Peak Performance: Overcoming Barriers to Success." Dick Hunter and Associates, Realty, Carbondale, IL. March 3, 2006.
- Vaillancourt, A. (2006). "Stress Management and EFT." Aisin Manufacturing, Marion, IL. August 3, 2006.
- Vaillancourt, A. (2006). "Stress Management and EFT." Greater Egyptian School District. November 2006.
- Vaillancourt, A. (2007). "Walking Meditation." Shawnee Dharma Group, Carbondale, IL. May 13, 2007.
- Vaillancourt, A. (2007). "Overcoming Your Dental Phobia using EFT and Guided Imagery." Guebert Family Dentistry, Energy, IL. November 20, 2007.
- Vaillancourt, A. (2007). "Maximize Your Online Presence with Google!" Illinois Small Business Development Center at Southern Illinois University at Carbondale. August 24, 2007.
- Vaillancourt, A. (2007). "Website 101: An Overview of Website Evolution." Carbondale Lion's Club. September, 7, 2007.
- Vaillancourt, A. (2008). Balancing You: Spending Time on You—the Tricks and the Trials. SIUC Conference on Women. April 9, 2008.
- Vaillancourt, A. (2008). Spirituality and Psychotherapy. Southern Illinois University Department of Social Work. April 14, 2008.
- Vaillancourt, A. (2008). "Search Engine Marketing for Small Businesses." Illinois Small Business Development Center at Southern Illinois University at Carbondale. May 2, 2008.
- Vaillancourt, A. (2008). "Walking the Labyrinth." Church of the Good Shepard, Carbondale, IL. May 10, 2008.

REFERENCES (upon request)

Alan Vaux, Ph.D., Associate Dean
Southern Illinois University
College of Liberal Arts

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